



Salmon Sims Thomas & Associates PLLC

For Immediate Release

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How do you protect your investments in a bear market?

Dallas, Texas - Mitchell Carr, CRPC® is a Region Vice President- Retirement Wealth Strategies with Ameriprise Financial Services was the keynote speaker at the monthly lunch and learn hosted by [Salmon Sims Thomas](#) and [Ameriprise Financial Services](#).

Mr. Carr covered such topic as why and how markets change, why it's important to stay in the market, opportunities to be gained from a downturn, the emotional impact of market change and steps the average investor can take to preserve assets.

Mitchell Carr, CRPC® is a Region Vice President- Retirement Wealth Strategies, Ameriprise Financial Services. He has an extensive background in the financial services industry holding wholesaling and executive management positions since 1995. In his present role with Ameriprise Financial, Mitchell is responsible for retirement income strategies, advanced distribution strategies, marketing, planning, small-business retirement plans and client seminars, meetings and advanced case consultation. Prior to Ameriprise Financial, Mitchell worked for the retirement group at Merrill Lynch wholesaling in the Northeast territory. He also held executive management positions with third party administrators, Invesmart and the Sheakley Group of Companies based out of Pittsburgh, Pennsylvania and Cincinnati, Ohio, respectively.

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